THE HAWK ACADEMY



SCHEDULE OF EVENTS Spring 2018 SEMESTER

Below is the Spring 2018 Schedule of Events. Please use this to help prepare as Students for each week of class.

#	DATE	SUBJECTS	Location	TRAINING ENVIRONMENT	icitis i	Supervised Practice
1	5/8	PUTTING	Putting Green	Pro Side Matchplay		18:30
2	5/17	POSTURE	Full Swing	FIRE ESCAPE 2.0 BIRD-DOG		PAUL
3	5/22	POWER	Short Game	21 BRIDGE	36	JACK
4	5/29	TESTING	All	Self directed: STORM CHASERS PLANKS	36	EVERY STINKIN' CLUB
5	6/5	GREEN READING	Putting Green	LAGGING FOR GOLD SIDE-PLANK		PRO SIDE TOURNAMENT
6	6/14	BALL FLIGHT	Full Swing	Vesuvius BUTT-BURNERS	36	7 CONE 8'S
7	6/19	GRIP	Short Game	Wedge Wizard HALF-KNEELING TO STANDING		JIM
8	6/26	TESTING	ALL	Self directed: ONE STEP AT A TIME RENEGADE ROWS	36	MOUNT IGROW (INSERT YOUR COURSES NAME - IE. MOUNT BALTUSROL)
9	7/3	PUTTING	Putting Green	INCHWORM - PUTTING HIP HINGE	36	IF BI-CHANCE PUTTING
10	7/10	ALIGNMENT	Full Swing	ABC SQUATS		ABCWHO'S CLOSEST TO THE PIN
11	7/17	POSTURE	Short Game	SIMULATED TOURNAMENT: US Open 20 PUSHUP UPS - NO STOPPING	36	INCHWORM - CHIPPING
12	7/24	TESTING	ALL	Self directed: KNOCKOUT RENEGADE ROWS	36	FACEOFF
13	7/31	GREEN READING	Putting Green	CHASE ME!	36	MENU OF CLUBS
14	8/7	POWER	Full Swing	Tiger's 9		IF BI-CHANCE SHORT GAME
15	8/14	BALL FLIGHT	Short Game	TIC TAC TOE TRIFECTA		HOME RUN DERBY
16	8/21	FINAL TESTING	ALL	End of Year Party!		MOUNT HAWKTREE



This symbol identifies an Operation 36 Match weekend.